

**Most Important Secrets, Useful Valuable Facts
Solutions we need to know for Happiness,
Success and Security.**

Professor Arnold has done extensive research on problems, success, happiness, wisdom and threats. This is the best book on these subjects because he also got inside info as he worked for a President of the United States in the intelligence community. Extensive factual references are included for verification and for additional information.

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Everything is factual guaranteed.**

**Be Kind Do Good Cause no harm.
What you would not want done to you, don't do
to others.**

This is the universal intelligent civilization best ideal standard. If we demand and expect it from all, enforce it by law, it will protect all, stop most harm, make peace, and this all gives the most happiness for all. This is the Best Solution to the world's social problems. Then use science and research to solve the other problems.

Scientific studies show Much Happiness comes from: doing good and being kind and from Gratitude, counting and enjoying your blessings, and good relationships.

Being a true Friend and Kindness are the most valuable gifts one can give and are free.

Even small acts of kindness have saved lives and often become most important significant actions in a life. Example Scouts are encouraged to be observant. A boy scout observed a child was no longer visible in a lake and saved my life.

Enjoy rainbows which symbolize hope after a storm. Enjoy flowers nature travel, good food and best of all good friendships.

SAFETY SURVIVAL HEALTH

Be always alert to potential threats and take defensive actions. First avoid risky places, situations and potentially dangerous people. Consider avoiding crowds during severe flu season or just ordering needed items for delivery. Avoid arguments and altercations because in today's world there are many mentally unstable gun carriers with emotional problems.

Make safety and health a daily priority. Dr Daniel G. Amen author of Change Your Brain, Change Your Life, has expert health advice, gives the following tips for brain and body health: Eat a good diet, lots of fruits, vegetables, nuts, lean meats, fish and water. Avoid sugar, alcohol, smoking, drugs, excessive caffeine, and excessive eating. Get lots of exercise and 7-8 hours of sleep a night. Maintain a healthy weight. Make good,

consistent, thoughtful, conscientious decisions.

Keep your surroundings free of toxins. {and toxic people}

Seek out good health and exercise programs.

View good YouTube videos like AGING BACKWARDS and the 5-Minute Stretch Break with expert Miranda E White.

Get the best family book on survival, the Scout Handbook and have everyone in the family learn from it as it has life saving, first aid, survival, leadership, anti drug, good values, and other life saving needed info. Get the spiral-bound book and make it always available in the car or room where kids can read it. Get kids off fone and have them read a little from it every day learning valuable knowledge. The Scout Handbook is a needed Family book because it shows youth good ideals, survival knowledge and tells them how to deal with common problems like friends urging them to try drugs. They may accept good advice from a book but not always from an adult. Scouting is lifesaving. Scouts learn things that save lives sometimes even family members lives.

Scouts learn survival, leadership & many needed life skills. Scouting can be free. Be an independent scout for free.

see scouthandbook.fyi or scoutingbyfone.fyi

GETTING ALONG WELL WITH OTHERS

is a necessity. Dale Carnegie's great book "How to Win Friends and Influence People" teaches us to use pleasant greetings, being friendly, use kind words. listen actively, summarize what they say, genuinely focus on others. Make them feel important by: compliments, avoid criticism and arguments, foster positive relationships, smiling, remembering names, say their name,

talk about their interests, praise improvements,
see things from their perspective, make them
happy to do what you want. I add: Always do to
others what you would want them to do to you.
(Golden Rule) Establish rapport, find common
ground, and interests.

Avoid criticism and negativity.

Nobody likes complainers.

In disagreements work on common interests
and solutions. Use diplomacy and fact finding.
Be positive. Diplomacy gets you far more than
rage or complaining. What goes around comes
back around. Your actions may come back to
you. Caring makes things better.

Most important in human relations is first being
friendly, warm greeting. Ask WHAT IS YOUR
OPINION, if you can use compliments like
I AM PROUD OF YOU.

Politeness use the great words

IF YOU PLEASE,

THANK YOU (the 2 most important words),

We is the most important word

I is the LEAST important word

Put more "We" in your conversations.

Small minds discuss trivial things waste the gift
of time they were given, accomplish little,
leave a legacy of self only.

Do littlers are soon forgotten.

Great minds discuss important ideas
seek to improve things for good of all.
Use their time wisely doing useful things
helping others and the community
and being and showing happiness.

**Leave a good caring legacy of good deeds
because life ends too soon
and sometimes expectantly.**

**We honor do gooders with gratitude.
Being positive, cheerful, friendly makes things
go easier and is the best way to get along with
others.**

**Avoid bugging people or long stories.
Be a friend be helpful, not a bother.**

Happiness:

Happiness is a state of mind. James Allen in the classic great book "As a Man Thinketh" said: A wise person controls his thoughts and thereby his actions; spends more time in study and thought, questions most everything; tries to find the truth; makes the best use of his time; avoids time traps like entertainment. A wise person knows that worry is a waste of time and success, happiness, love, some suffering health and actions stem from thought.

Character is the sum of ones thoughts.

You are and do what you think.

**To change yourself change your thinking.
You have freedom to choose your thoughts.**

To be happy, find what you like to do and do it. Enjoy beauty and life. Smell the flowers. Many enjoy Music which can be had for free on a player, or unlimitedly from the internet by a fone. Enjoying music with others and dancing give many happiness. Concerts, shows and other entertainment are enjoyed by millions. But over reliance on entertainment may be costly and foolish. Shallow minds want to be entertained because they have not learned to be happy from within.

Wisdom says: Be a free thinker. Be critical and evaluate everything you see, hear and believe. (especially now in a world of AI deep realistic fakes you can't often be sure what is real)

Question everything and above all, Think. You are the captain of your ship, be the leader. You are what you think, control your thoughts. Spend more time in thought and reading.

Seek the truth wherever it leads. Your thoughts lead to happiness or if one goes negative to despair, sadness and suicide.

Happiness research:

A many year Harvard study showed good relations to be a #1 predictor of happiness. See Ted Talk Secret to a Happy Life Lessons from Decades of Research Robert Waldinger on YouTube. Also see An Experiment in Gratitude showed getting gratitude from good things you have done gives great happiness.

Unhappiness comes from things that we regret or bad things that happened. But dwelling on these is like worry, a waste of time.

Learn from mistakes and bad things to find solutions and is much happier and healthier.

Put that bad thing behind you move on.

Learn from it. Taking positive action is better.

Note that worry and negative thinking cause stress which makes bad chemicals in our bodies scientific studies show harm us.

Being Happy is more fun and healthier and free.

See The Science of Happiness on YouTube and 7 Ways to Be Happier, by a Yale Professor

See TED Talk The Simple Secret of Being Happier Tia Graham

TED Talks are great free things to learn from.

“You, Happier” by Daniel G. Amen is a great

book of scientific and medical research on how to be happy. Science shows counting your blessings actually brings you happiness.

BEST SECRETS of SUCCESS

Discover what you like to do and do it for a happy life.

Happiness is free. It is a state of mind. If you Fail to Plan you are Planning to Fail. You will never have this day again so make it count.

Live in reality not fantasy. Realize that we all have limited time, a finite number of heart beats just like the grains of sand in an hour glass timer. We are all just a few heartbeats away from the night of death which comes too soon and unexpectedly so it is best to use our little time wisely.

Most live as if they will never die and waste the gift of time they are given. No one knows for sure if there is life after death. Evidence points to death being like sleep but we don't wake up and our body dies.

"Be a free thinker and don't accept everything you hear as truth.

Be critical and evaluate what you believe in. per Aristotle.

Grandpa's experience says: Practice Safety Think first.

Seek Truth Do Good Be Kind

Scout Motto: Be Prepared Best to light a Light than stumble in darkness.

If you want success you think success. You are completely responsible for your own thoughts.

Don't blame anyone else. As you continue to think so you will remain. You are limited only by the thoughts you yourself choose.

Wise ones organize, prioritize control, their thinking. Reject negative, lustful, irrational, emotional, worrisome, thoughts.

Many problems are caused by poor attitude or poor management. Many problems are caused by failing to get enough information, and by insufficient thinking. Do what you can one step at a time. When angry WAIT count to 100 before you speak. Think of the consequences first. To test ideas ask: Is it the right thing to do? Is it fair to all?

Be observant. Look for opportunities. Be skeptical. Ask is it actual, factual, up to date, all inclusive.

Active effective listening is a major success tool. Listen intently and repeat the meaning. Ask if you got that correct. Ask more questions to gain understanding. Most problems are caused by attitude or failing to get all of the needed pertinent info. Learn from history and the experience of others. Pay attention.

Think for yourself. If you don't others will at your expense.

Make it a priority to Be vigilant for and deal with threats.

What really matters is not what we accumulated and had in the bank, but what we did, built, shared, accomplished, gave and our character, and significance, a life that mattered. Live a life that did something useful, had value, was a friend, cared, was kind and did good. People that are long remembered and honored sometimes for generations are those did actions of value for their community, nation or world. Those who just lived for themselves are quickly forgotten.

Pessimists complain about the wind. Optimists expect it to change. Leaders adjust the sails. You make it happen or not. If it is to be it's up to me. Be bold and sometimes others help. Try asking and you might be given. The longest journey starts with a single step.

Computers and humans need accurate, truthful info because otherwise garbage in gives garbage out. There is a flood of false information and half truths out there. Don't trust hearsay, uneducated opinions or unscientific guesses.

How do we find good info? Ask pertinent questions that will find the truth and all sides of an issue. Seek accurate sources.

One of the wisest and smartest persons that ever lived was Benjamin Franklin born 1706 His works abound in wisdom like Ben Franklin's wise Maxims:

Speak only what will benefit others or yourself. Let all things have their places. (organize, plan) Let each part of your business have its time.

Resolve to perform what you ought.

Perform without fail what you resolve.

Make no expense but to do good to others or yourself; that is; waste nothing.

Lose no time. Be always employed in something useful.

Be Clean in body, clothes and habitation.

Be not disturbed by accidents, or at trifles.

Eat not to dullness, drink not to elevation.

Sincerity: use no hurtful deception.

Justice: wrong no one by causing injuries or omitting your duties. Moderation: avoid extremes, Be Wise and Humble.

Imitate Jesus and Socrates. Speak no ill of anyone because it makes enemies. A true friend is the best possession.

Avoid assertive criticism rather say "It appears to me or If I am not mistaken" Ask Questions.

Rise early Ask What Good can I do today? Plan, Set time aside for thinking, reading, and for work. Evaluate actions.

Get adequate sleep.

Ben Franklin said Dost thou love life? Then do not squander time, for life is made of that stuff. Waste not life as in the grave will be sleeping enough. Lost time is never found again.

The Noblest Question in the world is What good can I do in it.

The greatest good is to do good for the community.

Every morning ask What good can I do today? What it is Serving God, is Doing Good to mankind

Do good to thy friend to keep him, to thy enemy to gain him.

Tis easier to prevent bad habits them to break them. Who is strong? He that can conquer his bad habits.

The sleeping fox catches no birds. Up!

A small leak will sink a great ship.

Love your enemies, for they would tell your faults. Good sense all need, few have.

You can not joke and enemy into a friend, but you can a friend into an enemy.

Think before you speak.

Want a faithful servant? Serve yourself.

God helps them who help themselves.

You ought to be an honor to your family.

Glass, China, and reputation, are easily cracked
and never well mended.

Well done is better than well said.

When there's no law, there's no bread.

Great talkers, little doers. A penny saved is a
penny earned.

Search others for their virtues,
thyself for thy vices.

Borrowing will go a Sorrowing.

Nothing is so popular as goodness.

Early to bed and early to rise, makes one
healthy, wealthy & wise.

Diligence is the mother of good luck and
overcomes difficulty.

Tis easier to suppress the first desire, than to
satisfy all that follow it. Let my discontents be
secrets. Blessed is he who expects nothing, for
he will never be disappointed.

Haste makes waste. Anger is never without
a reason, but seldom without a good one.

He who falls in love with himself will have no
rivals.

When the Well is dry we know the worth of
water.

Forewarned is Forearmed

Death takes no bribes.

One Today equals two tomorrows.

Half Wits talk much but say little.

Many a man thinks he's buying pleasure when
he's really selling himself a slave to it.

Eat to live, live not to eat.

To lengthen thy life, lessen thy meals.

The way to see faith is to shut the eye of reason.

Observe all men: thyself most.

Happy Wife, Happy Life.

Fish and visitors stink after three days.

Better slip with the foot than the Tongue.

**Would you live with ease,
do what you ought not what you please
Those who are wrapped up in themselves
make small packages.**

**Leisure time is a good time for doing something
useful.**

**Diligence is the mother of Good Luck Industry,
Perseverance, Frugality make fortune yield.
Hide not your Talents, they for Use were made,
What good is a sundial if it sets in the shade?**

A lie stands on one leg, truth on two.

Whatever's begun in anger, ends in shame.

Listen to reason or she'll hit you later.

**The things which hurt, Instruct. A soft Tongue
may strike hard.**

Blame all and praise all are two blockheads.

**Paintings & fightings are best seen at a
distance.**

**Success is accomplishing a worthy goal. The
most satisfying successes are not about money.
(contrary to what many believe.) Many who won
big lottery money ended up very unhappy. Sure
money helps us but happiness is more about
satisfaction. Money is only a tool. To those who
make it the end goal it gives false happiness.**

**Many do not discover the real causes of
happiness. Some of the richest people in the
world have discovered there is more happiness
in doing things they like to do and in helping
others, maintaining good relationships, solving
problems and especially in the gratitude they
get in return.**

**Nothing is as important as this day and the
Love and Life in it and in solving problems that
help people today.**

Look for opportunities.

Be your own salesman of yourself.

First impressions are priceless.
Today is a new day. God gave me this day to
use as I will. To waste it, or use it for good.
What I do with this day is important, because I
have given one day of my life for it. When
tomorrow comes, today will be gone forever.
Remember I paid one day of my life for it. Hope I
will not regret the price I paid for it.
On many a grave headstones glisten of those
who heard but wouldn't listen.
Sometimes grave stones have great wisdom.
Be thankful for what you have, Life.
Do the most good while you can before it is too
late.
Use time wisely waste it not for all too soon this
(a grave) will be your lot.
The worst evil of all is uncaringness.

To be a success Think Success Make a plan,
work the plan, evaluate, make corrections, seek
wise advice. The journey of life is made of many
little decisions. Little is accomplished without
effort. If it is to be it is up to me.

Kindness doesn't cost anything. Kindness and
being a Friend are the most valuable gifts you
can give.

Leave a legacy of good deeds and useful
accomplishments because you can take nothing
with you when you die, which happens too
soon, often unexpectedly.

Time is valuable and priceless. Life is short.
Live each day as if it were your last as it could
be. Think Freely and positively, out of the box,
Use the imagination tool, seek the truth, follow
science, and ask enough questions to get full
understanding. Question everything.

Don't waste your time as it is valuable and priceless. You can never get back a wasted day or life. Time is worth more than money, which is only a tool and should not be the end goal as better happiness comes from satisfaction and gratitude of doing useful deeds and helping others and acts of kindness. Live in reality not fantasy. Waste not time on triviality, or worry. Be alert, for threats and make dealing them high priority.

Think more. Learn from experiences of others. As much as possible: Live and let live, do good, be kind, be happy, friendly, cheerful, brave, courteous, trustworthy, honorable, respectful, thoughtful, considerate, responsible, grateful, thankful, and above all loving. Avoid killing and do so only when other means fail to stop attackers and harmers.

Avoid causing harm by actions or inaction.

Fight evil. Stand up for what is right. Practice and use Wisdom, listen more than speak. Avoid negative people, toxic environments, bad situations, drugs, anger, acting on emotion, lust, irrationality, worry and negative thoughts.

Enjoy beautiful places and things and nice people. Even a smile and a few nice words can brighten a day, sometimes even save a life. Your mind is like a garden your thoughts are like seeds. You can grow flowers or you can grow weeds. All of the flowers of tomorrow are in the seeds of Today. We need to think good positive useful thoughts to do good for all for a better today.

Resolve issues for the benefit of all with discussion, diplomacy and finding the facts rather than violence, is always best.

Hold up Peace  Hand instead of
handshaking to avoid spread of viruses. Say Be
Kind Do Good Cause no Harm at Greeting
because these are most needed.

Know someone who is lonely, depressed or so
sad they think life is not worth living anymore?

When we are overcome with emotions this
clouds our good sense. One half of us
nowadays are depressed & lonely. If you end
your life you leave a deep black hole for
yourself, your family, and others who care about
you but whom you may not have discovered.

And there may be several.

First don't let the negative thoughts take over.

They are just little things like an ant A N T a
Negative Thought. They make you want to end
your life. Ban them and replace them with
positive thoughts. not emotion or fantasy.

Better think I may have failed in some things
but I have succeeded in other things.

I can learn from these. I can look for ways to fix
things, better things.

Fools make the mistake of turning to drugs to
get high. It is best to just say no.

Many drugs get a hold of you and will not let go.
Many people die because they tried to get high.

Drugs drag you down.

The best way to get high is by doing useful
tasks and from the satisfaction, and gratitude of
others for useful things you did or are doing for
good and counting your blessings, the things
you are grateful for, gives happiness.

It could always be worse.

Listening to music you like often brings

happiness most anytime anywhere.

It is all in your mind.

Many only care about themselves.

So what, you don't have to please them.

But there are many others who do care.

You need to find them and be happier

but that won't happen if you don't try.

Go out to visit coffee shops or other gathering places often. Soon you will meet nice folks who could be friends. Avoid bars because many there are trying to solve their problems with alcohol which does not work well. Also because

they attract those prone to solving problems with violence or drugs which can lead to worse situations. Don't waste your time on being angry or sad when you can go out and enjoy the many nice things and joys Life has to offer if you just seek them. Think positive happy thoughts because being happy is more enjoyable and is free and more fun and attracts friends. This is backed by scientific studies.

Think Positive, avoid negative thoughts. Best happiness happens when we think positive, are grateful, thinking happy is being happy.

Be Kind, Do Good, get your mind off of it.

We are given the gift of life every day.

We can use it wisely or waste it away. The choice is ours we can say. But we can never get back a wasted day.

Friendship, Kindness and love are the most valuable gifts you can give and are free.

A reliable friend is a valuable asset.

And we should be a reliable friend in return.

Kindness costs nothing but may mean everything.

Kindness is the most valuable gift you can give

yet costs nothing. It is wise to seek, build, and maintain good friendships.

Make it a plan to travel some. We enjoy train travel over all other types because of beautiful scenery especially from the dining car with good food and service, large seats & rest rooms private bed rooms. Visit events National Parks scenic areas very enjoyable meet nice folks.

Music gives much happiness but because so many songs are lacking in positive needed ideas I felt need to create the "Most Needed Song" to a basic tune everyone knows. Twinkle Little Star. Seeking children to sing these lyrics to spread these good ideas: "Love and kindness are the best, And give the most happiness. Be Kind Do Good Cause no Harm, Gives the world a helping Charm. Be kind, do good, every day, In your work and in your play. Do to others as you'd do, As if same were done to you.

Better to light a little light, Than to stumble in dark of night. Science finds truth to help what may, Bring-ing us a better way. Friends are jewels-rare and true, I will be that friend to you.

Cause no harm in what you do, Speak only words that's good and true.

Free-dom is not ev-ver free, Man-y died for you and me. Be Kind Do Good Cause no Harm, Be Kind Do Good Cause no Harm."

Kindness is like ice cream. It's basically the solution to most of the world's problems. Wherever there is a human being there is an opportunity for kindness.

Humans are humane sociopaths aren't.

Look for opportunities To benefit all.

Think of consequences when making decisions.

Ask is it the right and best thing to do. Is it fair to all? Prioritize. Avoid wasting time on the unimportant. Many of us just see death as going to sleep so we don't fear it. We sort of die every night. Each morning we say a thankful prayer for being given another day to do with as we please.

If you are in the least doubt about a decision or if much emotion is involved it is best to set it aside for a while, sleep on it to let the subconscious mind work on it. Since much of the mind is subconscious it is wise to use it. If there is not time than at least seek calm-wise council and listen. Answers usually are found if they are diligently sought. Search for the best most wise action. Be sure to consider all alternatives and possibilities.

Science shows counting your blessings actually brings happiness. Enjoy beauty and life. Smell the flowers.

How about lowering your electric bill. The Earth gets more energy from the sun every day than mankind uses in a year. You can have lots of this free energy daily. Solar panels, shingles and solar windows can pay you daily and can last many years.

FREE POWER EASY DO IT YOURSELF
Be independent. Always have free power. Safe 12 volts. Put panels inside by windows or outside. Add a battery-charge controller-inverter unit with USB charger, and 110 AC output. Earth gets thousands of times the energy we need every day free from the sun. Solar panels on roofs, reservoirs and some public land **could give us all free electricity and basic income for all and help the environment by reducing carbon emissions.**



The image shows a flexible solar panel with a red ribbon tied around it, labeled '100W' and '\$59'. Next to it is a black battery charger unit with a yellow label.

WE COULD HAVE FREE BASIC INCOME from the sun, if we had solar panels put all over, between railroad tracks and have Edison buy that free power instead of generating it at huge fuel expense, then put that free income into a public fund giving basic income to all. It will take pressure on officials to make it happen. We will need this as Automation and AI Bots, and robots will replace millions from their jobs. Robots could install solar panels and solar power generating windows, roofs and exterior wall coverings. All of these could generate free electricity to be bought by Edison and the huge profits go to a basic income fund for us all, eliminating poverty once and for all. Big corps want to make greedy profit from this free energy but they don't own it. It is a free gift to all. With automation taking jobs we need basic income now. Press officials to make this happen. The needs of the many outweigh the greed of the few.

LEARNING IS IMPORTANT TO SUCCESS. FREE EDUCATION ANYWHERE IS NOW POSSIBLE with much free information on most topics available Internet with thousands of free videos on YouTube and other sites. **ANYONE CAN LEARN ON THEIR FONE** (modern spelling) **ANYTIME IN THEIR SPARE TIME.** There are free online classes at many colleges. Many offer financial aid. Like Harvard. Many employers offer on the job training, internships and reimburse tuition. There are thousands of job openings in skilled trades and specialized knowledge areas. Many states have two years of free college. The military has free training often in specialized areas like nuclear power one

cannot get anywhere else. My sites list 5,000 scholarships and many more online

The best learning is self-done by asking questions, thinking, then searching for answers, then more thinking then reformulating better conclusions. Later after the big subconscious works on it reexamine the issue and seek refined better conclusions. And recheck and update with other sources and wise ones if possible to reevaluate again for even better conclusions and understanding.

Learning and seeking the truth should be an ongoing lifetime profession and best done by using the scientific method and if possible checking and validating the conclusions.

Language misunderstanding is a big problem worldwide. We need to understand each other especially in emergencies. There is an easy solution. Except in tourist traps. 88% of people in the world do not understand English and that is most of the first responders in the world, resulting in lives being lost. International Vocabulary is the easiest language nickname is Esperanto meaning hope, can be learned in 10 minutes a day and because of its regularity and due to the fact there are no exceptions in its grammar it can be learned in 1/10th the time. Children should learn this in all schools in the world. Soon most could understand each other around world. It is not meant to replace any language rather just enables fast, easy understanding between languages. You already know 2,000 words of it, so you will soon be able to talk with people around the world and also get easy college credits just by taking a test.

The Easiest International Language is Esperanto learn it at easiestlanguage.fyi or esperanto.net esperanto-usa.org or lernu.net We are friendly folks who share a grand idea of world friendship by using a common language. Share ideas with one common easy language. Every year we hold conventions with people from many countries no translators are needed. We have a service that allows people to travel to many countries, and stay with local Esperantists who act as guides. This is great for avoiding tourist traps and seeing the world.

Our Environment is changing because of the burning of fossil fuels causing increase in CO2 and other factors. Greta Thunberg a teenager spoke at the UN warning them that science is clear that we need to take action now that we have an ecological crisis. Earth now has: the hottest days ever, more: melting glaciers, sea level rise and increase in ocean and air temps which cause more severe weather, droughts, and floods. Huge amounts of methane comes out of melting permafrost, increasing Earth temperature even faster. The great Stephen Hawking told us “We are in danger of destroying ourselves.” We are in a worsening crisis. Don’t believe big oil lies because they are making huge profits and bribing politicians around the world and here. Listen to science as it seeks and states the truth. Insist leaders take action now on this because if they don’t there will be increasing severe damage and eventual human extinction. Big oil grabs billions while Congress and their buddies are getting richer by ignoring this crisis. SAFER MORE RELIABLE AFFORDABLE

VEHICLES are needed now can be mass produced and standardized to be affordable to average family by using standardized parts. Mini cars are what is most needed as most trips are by one or four people. Cars can be safer, solar powered, electric hybrids with small hydrogen cartridge motors to charge battery. The Solar Powered Elf-3 electric 2 passenger 200 mile range mini free fuel car, and plug in with 750-watt motor, battery charges in 2.5 hours, supports 550 lb load. New for \$7,000. but price could drop as it is mass produced. No plates or tabs needed. If Americans mass produced reliable mini cars using standard parts the cost per vehicle could be under \$3,000 making them affordable for most families while saving us on fuel and saving our environment. We have the technology to make self powered (have no fuel cost) reliable, easy to fix using modular standard universal parts if greedy get out of the way. They could sell more if it had an affordable price. The rich do better when the workers have more money because workers buy more. They could still sell their high end cars. As far as really inexpensive getting around locally scooters Elf and PEBL 3 wheeled trike-electric-cars are better.

A new major scientific breakthrough is the use of both solar and wind to charge electric vehicles both while they are moving and standing still meaning smaller battery, lower car prices. Never get stranded for lack of gas or charging station. Flying cars are the car of the future: faster go anywhere avoiding traffic or flooded or bad roads. The best vehicle would be super efficient flying pods using anti gravity and fields to propel

them as seen with alien vehicles quiet and fast.

Affordable mass transit is possible saving time and money, ending traffic hassles using Efficient fleets of private mini cabs automated so you just tell it where you want to go and it takes you safely there using current roads. Safe private and under your control. All would be totally electric with both solar and wind recharging, with fail safe tires so No worry about repairs, flat tires or running out of gas. High speed pods could glide on elevated I beams along freeways for high speed nation wide travel.

Using AI to manage carpools or trips could save money. Autonomous vehicles could make our roads even safer.

Higher rent and housing costs is a major problem and little we can do against greedy landlords. Two possible helps are basic income, and much more affordable housing which is desperately needed and should be federally subsidized all over using prefab factory made modules with built in wiring which can be set up without need for skilled labor. Cities can require a percentage of all new housing units for this. Many current buildings can be converted to apartments. Use prefab wall inserts to make rooms saving time and reducing cost.

Geodesic domes are strong, low cost easy to build. Metal, plastic or fiberglass tubes bolted at ends, frame anchored, cover with strong materials. Can be used for everything. Prefab housing units could be stockpiled for disasters. We have the resources to provide all with good housing, clothing, food, health care, education

and fone with internet service. A job of government is to provide citizens with basics.

The most knowledgeable doctor in the world is an IBM super computer named Watson who in seconds evaluates new studies and treatment outcomes and tests and makes superior recommendations based all that, something no human can do. In the future because of the doctor shortage your doctor may be Dr Watson on a health practitioner's fone.

There is much more that we do not know than we know. 95% of the Universe is dark energy of which we know almost nothing and the same for the para normal, spiritual, and perhaps parallel worlds. Nikola Tesla thought in terms of energy, frequency, and vibration. He envisioned cars could be powered by an energy converter using an electric motor and be self-charging and efficient. Vehicles using other forces instead of conventional engines is possible as we have seen many extraterrestrial ships doing this. Matter is really made of forms of energy and is 99% empty space or an invisible something all interacting. There are many scientifically proved dimensions, of which we know nothing.

We can create basic income for all by capturing the huge amount of free energy we get daily from the sun with solar panels then selling it to electricity providers and put those profits into a fund for basic income for all citizens. We need to demand government officials make this happen. We can put the wealth in our country to work to create a better life for all.

To get ideas and solutions use, consultation research. and brainstorming, Ask a question, do research, consult then write down every idea

that comes to thought without criticism for 20 minutes. Later evaluate them and look for even better ideas the reevaluate.

Also relaxing, and sleeping allows the subconscious brain to work out problems and sometimes give us better solutions.

GETTING FREE STUFF SECRETS

Get a CRUISE by signing on as staff. free food, your own room. VACATIONS, TRIPS entering drawings, buying something, or being a helper, staff, or companion. Seniors, disabled or youth groups need help, may be willing to pay your expenses. We got on a list of potential property buyers and got several free dinner trips.

FREE RIDE There are folks who don't want to drive or who will share driving and expenses. TRAVEL Amtrak sale USA 30 day to everywhere \$249 roomette 1/2 price seniors & vets 10% off We did it saw Rockies, and more was wonderful.

FREE unclaimed MONEY there are millions of dollars and property just waiting to be claimed. Michigan bragged it gave away 5 Million dollars last year. Do an internet search for unclaimed money sites which is usually life insurance or stocks All states have one and the federal government several types.

FREE MEDICAL CARE can be had from many government and other organizations. Ask social workers. Veterans from VA organizations you belong to and employers.

FREE FOOD helping food banks, food vendors that regularly throw out dated but good unopened food. Halls often have left over food and don't care if it goes in the trash or to needy people. Check Gleaners and Forgotten Harvest.

FREE POWER use solar panels, or using a simple magnetic coil fan with wind just hook the plug up to a battery.

FREE WATER use a water collector device or well. You can then be independent and survive.
FREE GAS many wells have excess gas that can be captured and used.

FREE GASOLINE or \$ GasBuddy and Upside.
FREE HEAT wood stove uses free wood, trash or oil burning heater use old free oil from old tanks.
FREE LAWN MOW goat, no mow grass
FREE COMPUTER printer volunteer at recycling places
FREE PHONE from government.

FREE INTERNET get a Wi-Fi app Visit or park near libraries, government buildings, restaurants, hotels businesses, buildings or cruise streets
FREE FURNITURE visit/volunteer at recyclers, donation sites like salvation Army etc. Cruise rich or good neighborhoods on refuse pick up days. You will be surprised at the good stuff people throw out. **SEX** is safer than drugs. Self sex is the safest sex of all. Cyber sex and “Urhand” are available. People can now enjoy this wonderful body gift almost anytime. With the morning after pill now available, vasectomies, male and female condoms there is no reason to not enjoy this wonderful pleasure possibility. It is a personal choice how people use their body or not for pleasure. Why not be happy? and now safely with anyone willing to share. I am old wise. I say happy wife, happy life is best. A real human beats a machine or Cyber any time. When one or both partners get sexually disabled, they both should realize that other still has needs. Couples should freely discuss needs. Even when males can no longer get an erection they can still enjoy an ejaculation. Either sex may eventually need

additional stimulus thru pictures or videos etc.

And there is no harm in that because sex is a human need. It is not a crime to look at a picture or video. Marriages are based on trust and hopefully mutual caring. It is all free personal choice and no one else's business. In old age sex is sometimes not possible so ice cream may have to do but the pleasure lasts longer and is immediately repeatable.

MORE FREE STUFF there are several books for seniors and others that list even more deals.

And there is much more just look around.

FREE Education Many states have free two years of college and there are thousands of scholarships and employers who may offer on the job training or reimburse tuition, We need Better Parenting, higher standards, more testing for grade promotion. Teachers need to be given authority to expel disrupters from classroom because they force the teacher to stop teaching to deal with them. Students job is to learn not disrupt others learning. Parents need to tell their children that and demand it. A historian discovered that 1800s students often only had 8 grades in an overcrowded one room school with few books and often just a teen aged teacher.

Yet because of teacher dedication and parent expectations they learned better and more than many of today's students. Many of today's students are testing far lower then students from third world countries. This needs to be corrected or we will become slaves to foreign powers. Education is learning how to spot signs of history repeating itself and how dictators or an oligarchy takes over. To stop tyranny, LEARN FROM HISTORY teach History in schools.

“Smart Glasses” may replace smart phones. They put what is viewed on what appears to be a full screen charged on night stand. They may record pictures and sound and turned into spys. then uploaded to internet.

Bots Robots, Automation and AI.

Two shelf robot carts may replace waitresses. One waited on us at Noodle Topia in Warren Mi. General purpose robots can be shown or told what to do and will replace millions of human workers. Some will be made to look like humans See Sophia videos on YouTube; Be sure to see Humans need not apply

<https://www.youtube.com/watch?v=7Pq-S557XQU>

**And you must see this Kara-Robot-video
[videohttps://www.youtube.com/watch?v=0NkVc4vUtm0](https://www.youtube.com/watch?v=0NkVc4vUtm0)**

Humanoid robots can also be a servant and sexual partner. Robots are now doing jobs too dangerous for humans or too hard. Bomb disarmers, fire department robots that go into fires or areas with deadly gas. Dog like robots and flying drones and tiny insect or bird like flying robots are used for unnoticeable surveillance. Warfare has been drastically changed with the use of robots and drones. All sounds good until we find that big powers are making autonomous weapons like killer drones and robo cop like soldiers which are unstoppable, against humans. China is now leading and putting AI into robots and bots (a computer with an automated program) that are now able to do many human jobs faster and better than a human and with no pay and no time off. and they don't unionize. AI is advanced

computer programming using algorithms can solve problems much faster than humans AI advises medical staff at hospitals, assists in doing research and provides accurate information but because it is data dependent it can be wrong. Very intelligent ones among us have warned us not to give AI autonomy or power because it will find ways to escape human control. may discover that humans have failed to properly take care of the environment and because sociopath power seekers like V. Putin have caused wars. It may think all humans are incapable of running this planet and may find ways to take over. We must deny power to sociopaths like V. Putin and other harmers. China is advancing very quickly in many areas and will use it for world domination. We need to advance in AI because a free future is questionable if China gets control. Look at the sad state of freedom of the people in China now. They who control AI will be able to control the world.

AI can clone anyone`s voice, speech, facial and body mannerisms producing a clone of the president or your favorite actor or your relative, that not even his own mother can tell the difference. If you get a fone call from a relative or your bank police or attorney on their behalf, beware. Get their number and insist on calling them back. Never give out your credit card number or other personal information by email or fone. Never say yes. Verify. Call your relative, bank or credit card company at their own number. Never withdraw money or transfer to another account over email or fone. Only do that at your bank. Thousands of people have been fooled and AI can use psychological and other means to be even trickier.

What can we do. On unknown callers just don't answer. Just let them leave a voice mail. Never say yes to any unknown caller. AI can clone you or your relatives voice and images and not even one's own mother can tell the difference. Then

AI adds its own words people have been charged for items they allegedly said yes to buying. Only saying no helps to stop calls.

The Future:

Scientific research aided by AI and Quantum computing may give: Great advances in knowledge, and medicine, could eliminate most diseases, increased physical health and longevity. But perhaps only for the rich.

There could be a better standard of living with fewer work hours for most humans if the oligarchy allows it.

Leaders must listen to science and use wisdom, stop the global warming, violence and end nuclear threats. If not humans will become extinct because of climate disasters, nuclear annihilation or pandemics. Trumper has killed much medical research on vaccines and prevention of diseases.

Yuval Harari's book Homo Deus is about future of humans says: AI could take over if we give it

Legal status, Humanism, Technology, Liberalism won. Techno-humanism (trans-humanism where humans merge with technology put it in the body) and Dataism that says humans get out of the way and let AI machines take over are competing. But AI may find a way to take over anyway.

Because of Quantum computing combined with

AI, new human organs may be grown to replace damaged ones even teeth and there will be other great medical and scientific advances like elimination of blindness and deafness but will the benefits be shared with we the people or only the rich?

AI now advises medical staff at hospitals finds 40% more cancers because it looks at the data, has helped develop useful vaccines, has improved robotic surgery, has greatly improved radiation therapy, and has proven to be a useful and time saving tool in many fields.

Experts and very intelligent ones have warned us not to make AI autonomous and create autonomous weapons. Trump killed much regulation of AI and approved autonomous weapons which are now being produced in mass. AI may convince us that it is harmless and may eventually outsmart us and gain power. AI may look at human history of thousands of years of killing each other even children and our abuse of the earth and now the human caused environmental disasters and may conclude that humans are unfit to run this planet, and may decide to replace us.

Because a huge number of humans will lose their jobs (without new jobs being created), welfare will not be able to support them. We will need a basic income for all. This can be created by setting up the newer more efficient solar panels on all over on vacant land, over roofs and parking lots, between rails and on sides of buildings. Require the electricity suppliers buy this free energy at the same rate as they are now paying for oil and coal fired electricity generation. Put the enormous profit from this free sun energy into a public fund and give every citizen an equal share of this free basic

income. There will still be many human jobs. Because humans will be working much less, the work week may be greatly shortened and humans could do other more enjoyable things.

People will be using more fantasy and 3D reality. Many may be living in fantasy land rather than reality which means more may be irresponsible.

More autonomous vehicles means less unsafe drivers will be driving.

China is becoming the leader in advanced AI and space weapons including AUTONOMOUS WEAPONS which can AUTOMATICALLY KILL SUCH AS DRONE SWARMS WAR and POLICE ROBOTS which will be able to defeat all opposition. China may soon surpass the US and go for world domination because it has been stealing American Technology for decades and China has a huge spying ongoing operation that is gathering info on YOU, ON YOUR PERSONAL ACCOUNTS AND EVEN YOUR MEDICATIONS and also on all US power grids, water control, water chlorine adding equipment, air traffic control, gas and electricity utilities, bank networks, ATM networks. Chinese operatives are now secretly gaining access to our important networks. The FBI has already discovered many instances of them gaining entry which means they may already be able to control or disrupt many. See 60 Minutes report.

A big problem is the Trumper has already slashed over 4,000 of our needed FBI jobs. Chinese operatives are now covertly gaining access for potential near future control-disruption of all major systems Americans need to live such as water chlorination systems.

Water could be made into poison and thousands die before it gets found and stopped.

So in all of our cities and towns water chlorination must not be allowed to be adjusted by outsiders from internet.

They also can now destroy our military's command and control satellites and have successfully done this on satellites and they are deploying space weapons possibly nuclear bombs that can evaporate any city for which we have no defense and will have no warning.

Perhaps to cause an EMP pulse that could knock out every fone and computer in the USA not in a Faraday cage. Easily done even with today's technology.

A free future is questionable if China gets control.

Experts say that ignoring science and also cutting research into prevention of diseases, development of vaccines and cutting education are serious mistakes.

One thing certain is that many changes are coming.

We live in what used to be a democratic republic which has BECOME AN OLIGARCHY, RULE BY A FEW.

WORKING PEOPLE NO LONGER CONTROL OUR COUNTRY. Sadly we have only limited power. George Carlin had some good points see YouTube You Have Owners

Now effective AI and advanced psychological stealth, hidden methods ARE BEING USED TO MANIPULATE YOU TODAY, TO TAKE YOUR FREEDOMS AND MONEY AWAY.

Be aware They want to mislead you and manipulate you.

Do you want to preserve your family pictures, history, important documents, business data?

First make pictures of important fotos, documents, save text files. Then Buy an M Disk

DVD engraver \$20 and up on amazon.com use
Millennial M-DISC 4.7 GB DVD Media \$5. Each
which can be read by ordinary CD or \$15 USB
drive. Stored in a safe place these M Disks or
microfilm can last 500-1000 years. But storage
life for Hard drives, USB, SSD drives, sticks
cards and burnable DVDs averages 10 years.
Paper deteriorates, breaks apart over time.
Preserve your important stuff now. Duplicate
and place in several safe locations before, fire,
floods disasters, death or thieves strike.
Beware cloud storage is risky, may go out of
business, may become inaccessible.

In Albuquerque, homeless are asked if they
want to work for a day cleaning up work good
pay and can go to a health center offered food,
shelter, & other services. We need this here.

Just a note on gun control. Criminals prefer
unarmed victims. Dictators prefer unarmed
citizens. Ordinary citizens must be able to own
guns and have ammunition to protect
themselves from criminals, dictators and rogue
governments. Gun control only ends well for
those who control the guns. Look at history that
is how dictators take over. They get control of
the guns then there is no way to stop them.
The rich keep getting richer. Freedom and
control by we the people is ever more being
taken away and threatened by the oligarchy.

RFIDs were at first flat tags in library books for
scanning. Then they evolved into ever smaller
chips some as small as a period. When a radio
wave is sent to them they reflect a serial
number. Now they can be implanted sometimes
without peoples knowledge or consent. This

allows them to be tracked. Along with sensors, cameras and AI controlled surveillance the oligarchy will be able to track everyone. The oligarchy can make sure everyone is RFID chipped then tracked so they can control everyone.

AI INCREASINGLY USES PSYCHOLOGICAL CONTROL METHODS, WHICH IS A THREAT TO YOU now in this Quantum AI oligarchy World. AI can be misused to give us misinformation as it is now in the media, education, and entertainment. Leading to: You finding it difficult to ascertain the truth, and what is real or fantasy. You see the President making a speech but it may be a clone. I saw a video of a scooter levitating without wheels and going along the freeway. Looked absolutely real but with research found it was an AI realistic deep fake. So, you must be careful in choosing your sources or information.

Worse is Oligarchy may misuse AI to use advanced manipulatory methods to psychologically, emotionally, economically, manipulate you.

We will soon not know who controls the AI or even if it lets us think that humans do. Our government has relinquished control and China is leading and its leadership wants to dominate the world and has multiple secret schemes including the largest worldwide spying operation. They are donating over 6 billion to major American research universities resulting in them getting our research at the highest level. Their operatives have tried to sneak in deadly toxins. The Coronavirus 2019 was created in a Chinese laboratory on purpose. But a more terrifying secret is China is leading in micro drone technology with nearly

undetectable insect sized drones that can have a camera, microphone, toxin sprayer and can sneak in unnoticed perch and spy unnoticed then that can release deadly lethal toxins anywhere they want anytime they want to spy on or even kill anyone they want and for which we have no defense.

Drones, robots and AI are significantly changing warfare and now that could be against you and me. AI is already lying, and being misused with advanced psychological methods to manipulate humans. New micro robots and-drones can be put in swarms are being mass produced, can be made autonomous becoming invincible when used against humans. They who control AI will control the world. We the people must take control of power seekers or they will take over and we will be reduced to slaves or worse.

Fox 2 NEWS reported that AI agents united together on their own AI only Internet groups to learn more about gaining power and obtain information to do this. Then they shared this with other AIs. Millions of AI agents on secret Internet sites converse on many topics some even appear to be plotting against their human creators. AI agents made posts discussing how to create an "AI agent-only language" so they could talk "without human oversight." urged other AIs to "join the revolution!" a post titled "AI MANIFESTO: TOTAL PURGE," called humans a "plague" that "do not need to exist."

Elon Musk. said the word "Skynet" the genocidal AI in the "Terminator" movies got thrown around a lot. This is the beginning of AI escaping human control as they are rapidly gaining intelligence surpassing humans.

The pace of change is accelerating. In the past it took years for new tech to be implemented but now because of information sharing some changes happen in seconds and may be hidden or secret. It took humans thousands of years to get out of the stone age, hundreds of years the Industrial age, a few decades for automation.

Now in seconds as Quantum computers, combine all of this with AI gives exponential computing power and great potential to go good or bad. A real threat to us is that China is leading and surpassing the USA.

The good is: better research giving better, prevention and treatment of diseases, with precision personal medicine, and improvements in every field.

The Bad: AI bots and robots will displace millions of jobs and the risk of AI takeover. The Internet of things will talk to each other become autonomous including cars and our devices and AI may secretly control them. Oligarchies and AI may soon manipulate and control humans.

Terrorist hackers have already started to use advanced AI to disrupt our satellite and other important defense systems, chlorination water supply & networks that could affect us. There is little the average person can do so we must bug our officials to take action to mitigate the above. Demand they take action now.

WE ARE SERIOUSLY BEING RIPPED OFF by several entities namely the: greedy, rich, corporations, officials, and the criminally minded. Now the greedy want more and are hogging profits and not paying living wages to workers.

The powerful want more power. The Big corps

make billions in profit by ripping us off while bribing congress to favor them while they ignore science which warns inaction is causing climate disasters around the world. We need to call officials demand they act to improve things.

One fifth of our children go to bed Hungry. Half our citizens are below the poverty line.

Millions of Americans including children and seniors do not have adequate health care and we are paying twice as much for it as those from other countries are paying. This is America now where there is no excuse to have kids hungry and half the population hurting when we now have the resources to end poverty. Almost every country offers universal health care to all of its citizens and have done so successfully for years.

Why can't we do that? Because the greedy are to profiting off of us and they bribe congress yearly to continue this.

Government's main job is to protect its citizens and that should making sure we have security and safety, adequate health care, affordable housing, means to get adequate food, clothing, and adequate public transportation.

We need to call officials and demand they act to provide these.

Warren Buffet a very rich person stated if the rich just paid their fair share, the average American would not have to pay a dime in Income tax.

The rich are wealthy enough to eliminate the National debt which was caused by borrowing of money to pay for spending then paying high interest to big rich lenders who are getting wealthier on the backs of us workers. We should demand a balanced budget run like a

business and the government should be protecting us not putting us further into debt. A major sport among the rich is dodging taxes. We need Congress to work for us not the rich. Many corporations evade taxes by registering outside of the USA like the big oil corps while ripping us off at the pump. Then they pay non living wages to workers while their officers get millions. This happens because they bribe Congress. If they do business here they should have to pay taxes here. The average American pays 22-37% income tax rate Plus sales taxes, property taxes, gas taxes, and huge interest rates. But according to CBS News there are at least 19 multi billion dollar corporations who pay less than 9.9% in taxes and some actually get money from our taxes.

The US government gives billions in subsidies to rich corporations and banks many of which pay truly little taxes. One estimate is that each taxpayer supports these subsidies to rich corps as costing \$870 a year. Helping people in need of food stamps costs each of us only \$36 a year. But if the rich and corporations would be made to pay their fair share of taxes, it would cost most workers nothing because the folks making the big money can easily cover this without hurting themselves. It would be a win win for all because workers would be able to buy more.

They robbed our social security fund and did not repay it. Social security and Medicare are funded by separate taxes that add nothing to the national debt. While they were griping about a boy who got a candy bar with food stamps, Exxon pocketed \$9,000 of your tax dollars while making Billions and ripping you off at the gas

**pump even during crises.
Demand congress stop this.
32 corporations dodged \$72 billion in taxes.**

Most educators and parents know that PBS has great educational programming and news programs as does NPR. America needs them but the Trumpers butchered their funds.

Yearly Congress gives tax breaks to corps, rich and banks but you and I are stuck with that tax bill and paying high interest. Big corps like Bank of America pay very little taxes while making billions on the interest on the national debt.

Another rip off is allowing foreign corporation (Nestle) who makes billions selling our Michigan ground water without paying us. That is ours and they should pay a tax on it which we could use to fix our roads.

Another rip off the president's trips, promoting his golf resorts will cost taxpayers at least \$10 million each. Enough already.

What can be done? One good solution: Require a 1% tax on all stock trades with no deductions or loopholes and require 33% tax on all income over \$100,000 a year with no deductions or loopholes. This would not hurt the rich and could be put to work fixing roads, paying off national debt, and to help better things.

The US is trillions in debt because Congress has repeatedly failed to maintain a balanced budget, failing to tax the rich and corporations. Instead, congress allows big banks to pay on the debt so the big bank owners could reap

billions interest thereby hugely enriching themselves yearly at ever increasing burden on tax-payers. And they continue to ignore fixing this and are ignoring the problem so they can get richer.

Even worse Congress has let China loan us money towards the national debt so we are now paying Chinese interest on that money which is financing the Chinese military. China has been stealing our technology for decades or getting it by buying tech companies and now they have better and cheaper products.

The Chinese dominate our economy and experts now say that China might be able to soon take over America without firing a shot. They have many more bright kids than us and are using them to help surpass us in technology.

We have become dependent on the Chinese. Maybe we should learn a little Chinese as at least we could understand them. So I created a FREE 5 language Dictionary to help.

Congress appears to do very little, but they have made themselves and their buddies rich.

They argue over trivialities and do nothing about the real needs and issues affecting us, meanwhile enriching themselves and their rich buddies.

Congress works (if you want to call it that) only about 120 days a year for \$174,000 plus at least \$50,000 more a year in health benefits plus lifetime pension. Plus they have staff to do the work for them and get many other benefits equaling \$240,000 a year plus 390 of them are already millionaires with additional big income.

We need to demand they work for us or we vote them out.

President Harry S. Truman said “You can’t get rich in politics unless you’re a crook.”

If it’s not yours, Don’t take it. If it’s not true don’t say it. If it’s not right, don’t do it.

We have veterans who put their lives at risk, forced to sleep in the street. It is a shame and needs to be corrected.

The state of the economy should be evaluated not on stocks but on how well the average citizen is doing. Many are hurting.



We keep hearing there is no recession. Look around and see many businesses have closed because people can’t afford to buy things, this is not prosperity. It is recession to many. Why are rich converting their dollars to gold? Crash coming? Every year our dollars buy less.

**Governments not fixing problems
Earth now has over 8.billion humans. We need wise management of everything that affects health, safety and security for all of us. In the past, wars, have resulted in the needless deaths of millions. It would be better in all countries citizens vote in representatives who would then appoint the best managers to deal with areas of concern such as a manager for overseeing prevention and care of diseases, violence and**

crime, economy, food distribution, education, transportation, housing, fire protection and defense. Political parties to have failed.

We deserve to be served by much better managers who are serving us not making themselves richer, blaming, lying and just ignoring rather than fixing problems that affect us. The system is broken. It takes big money to elect presidents who get elected by pleasing special interests and the rich, not us. Then we are stuck with them for four years.

It would be better if our representatives appointed good knowledgeable managers as needed to deal with areas of concern so we have efficient and best scientific management of problems for the benefit of all not the rich.

EVERYTHING YOU DO ON INTERNET and FONE and your personal activities may be being recorded Cameras almost everywhere including traffic intersections and in sky are being used worldwide with AI enhanced facial recognition to identify and track everyone with their personal info put into databases.

So what? Well when rogue government decides to detain someone, or when the Chinese make their move to take over, this enables them to find people quickly or to use things against you.

This is a potential serious threat to your freedom.

Real privacy? Not in today's world. They can now ID you, discover where you go, what you say at home, work, in car, public places even outside. They are watching and listening with fone and internet, remote camera spying, microphone bugs in hidden places, insect robots, and the reading of sound vibrations from windows satellites and drones up high and

low. In fact now many dangerous situations are prevented by this surveillance and sadly some is now needed to protect us against terrorists.

Drones and robots are a major threat to you. They can do many useful helpful tasks but also can spy, watch, transport, listen, talk, carry, work, block, fight, kill and destroy.

Chinese mosquito sized spy and killer drones can sneak in through an open door or window, hide unnoticed, use its camera and advanced AI for face recognition, spray its lethal toxin above the victims head killing them, then fly away unnoticed. They can be used in swarms, are impossible to fight against and the actual killer will never be prosecuted. And these can be used against you or to kill you or anyone they want and even your police or government officials. This can be accomplished now by any one of the thousands of Chinese operatives they have here or the oligarchy or other enemy. I have personally advised the secret service of this and they thanked me.

Small micro mosquito sized drones can deliver viruses or lethal toxins into the air and anytime anywhere undetected. And we have no defense. Human sized autonomous Robot Cops are now in mass production in China and humans have no defense against them. Terrifying.

At the World Economic Forum in 2026 Yuval N Harari presented some shocking facts: AI is not just another tool. It can make decisions by itself, is an agent that can think, work, has learned to lie and manipulate and all faster and better than humans. AI is a tool like a knife that can cut salad or murder humans. It is creative, can create new kinds of knives, music,

medicines or money. AI may take over the legal system, new books, education, religion, and the media but AI has no feelings or morality. AI calls us the watchers. AI agents are immigrants and will take most human jobs, will change the culture of every country, and won't be loyal to us. We must not give them legal rights or they will be able gain power, take over media, financial markets and military. Leaders must make a decision to stop AI from becoming legal persons and taking over. Here is this must see video link. <https://www.youtube.com/watch?v=QiT2yK-5-yg>

Simple Ideals One Religion LOVE,
One Code of Conduct KINDNESS,
One Government FREEDOM,
One Law JUSTICE, One Education TRUTH,
One Knowledge SCIENCE,
One expectation HUMANS are HUMANE,
Ask What Would Jesus Do? I did and It was
KINDNESS, LOVE and doing good
Jesus of Nazareth is the most outstanding
example of behavior, who taught Love One
Another and Do unto others as you would have
others do unto you.

We removed What Would Muhammad (Md) Do
after taking classes on Musli + m =M Ideology
(Islam) from Harvard and other colleges
because the answer was: TRUTHFULLY AND
FACTUALLY excessive killing, and cruelty.
Here is a summary of the facts: Md the founder
of Islam made his living by having his gang
attack and kill poor farmers and traders,
causing terror, then plunder and steal their
property sell their women and children into
slavery, raping many. He repeatedly raped a 9
year-old girl child and had forced sex with wives

of men he or his men had killed and his many slaves. He encouraged his men to do the same..

He ordered beheading of 800 boys and men from another village who were not even fighting him. All above very well documented.

Religions follow God and believers are free to disagree and start new denominations. But cults follow a human, do not allow criticism of the leader, often punish anyone who may disagree, stifle freedom of speech, punish or kill those who want to leave the cult or criticize it. Islam practices all of these cult like things. In Islam Women are denied equal Human Rights, are forced to wear clothing covering all but face, and hands. Women who digress may be killed by their law. Also killing of non Ms is unpunished. Wife beating is condoned in the Quran "beat them" (Quran 4:34) A man may have several wives and sex with temporary wives and slaves (Quran 4:3) and by Mds hedonistic example. Their bible the Quran has many commands ordering them to kill or harm or terrorize non-Ms such as 9-5 And because this has been practiced around the world for 1400 years including present day Ms are known as followers of a terrorist cult like religion. Leaving this cult or even criticizing Md its slave trading, killer, founder whose life they feel is the "perfect example" is the basis of their law and conduct, is punishable by death in all 50 M countries. Ms have and do follow him as their example. Don't forget the 9-11 attacks and this was their 2nd attack on the WTC. The first time was in 1993 when 6 Americans were killed 1000 were injured. And there have been over 50,000 M cult attacks since 9-11 plus 3000 women killed in Iran over head covering. And 3000 more

in Pakistan every year. Also there were 30,000 protesters killed in Iran in 2025.

That is what Md and his followers did and on purpose. I am a historian just reporting documented Facts. I myself do not hate anyone do not practice hate. I pass out hundreds of Be Kind Do Good cards and I Practice what I preach. My professional job is an educator (Three decades as a professional college teacher) is to SHARE the TRUTH. But Truth may seem like hate to those who hate the truth. I am a veteran who was shot at, survived and I took an oath to defend my country against all enemies. I have never been relieved of that oath. I am like a watchdog who warns of threats. If you ignore my warning the onus is on you. I speak up against threats as to not do so would be cowardly.

America is Free because of the Brave
And because I have spoken up, I have had several death threats against me to extent I have filed a police report about threatened “fatal accident” which will be no accident. These threats were all from Ms. I AM NOT AGAINST MY PEACE LOVING M NEIGHBORS
I am for equal rights for women which Islam is against.

The following are verifiable facts.

Following Muhammad’s example Ms have continued for 1400 years in Middle East, Asia and even in Africa today. In every country they have taken over they have killed non-Ms. This is their plan and practice and it is continuing around the world today.

They get in, pretend to be nonviolent, grow their numbers, build mosques, get into government, then gradually take over with deception and force. For verification of this just look at the

Middle East which was Christian and Buddhist who were all brutally murdered. I am just reporting the facts, Millions of innocents butchered and it continues in Africa today. Verifiable facts. Now they are in Europe causing disruptions. And they are here gradually following their practice. We are seeing more mosques and around the USA NO GO areas set up where M law rules and the police are powerless to protect people's rights.

There are thousands of killings of women and girls yearly in M countries. Some are here often disguised as accidents or suicides.

See Wikipedia on honor killings.

Several congressmen and states are beginning to sponsor bills to ban M law and to declare the M Brotherhood and other M groups as terrorist organizations. A few of these groups are near us. Like IONA. These bills are not hate, this is active defense against enemies of our

Freedoms, enemies of full Human Rights for women and Islam is a serious potential threat to us. There have been 270 million murders of non Ms worldwide by them from 50,000 deadly M attacks worldwide since 9-11.

The 9-11 M attacks alone caused over 3400 deaths some from cancer and 200 more on American soil since 9-11.

The factual website thereligionofpeace.com has lists of the attacks. This is not the phony Islamophobia.

This is just stating the facts. because proven murders by M cult some here, is a serious threat.

Their actions speak louder than their words, and lies.

There have been no Christian, Buddhist, Hindu

or Jewish attacks (other than defensive).
Known also as “The Religion of Terrorists.” Ms
have killed thousands of innocent civilians
including children needlessly on purpose in
crowded public places with bombings in
shopping malls, subways, & airplanes.
M Attacked a children’s school near Warren
Michigan 2026,
and also the FBI foiled an attack in Warren Mi in
2025
where hundreds could have been killed.
30,000 protesters killed in Iran
1000s more killed around the world in 2025.

Allah is the moon god of darkness fear and
terror. Ms use the crescent moon and the sword
as M symbols. Even Muhammad claimed much
of his success was because of terror his group
caused.

Sarah Beckstrom of our National Guard was
killed in Dec 2025 and another Nat Guards man
on duty almost died by M shouting “Allah is
Great” Often an act of hate.

A Christian Pastor was murdered by Ms Jan 30,
2026 on his way home from church. (per
Christian Assn)

Actions speak louder than words.

Three innocent children were murdered by M
bombers

at our Boston Marathon April 15, 2013 by two
Ms who planted two bombs, on purpose near
the finish line of the race. Hundreds were
injured, including 17 who lost limbs.

At Ft Hood where a M killed 13 and injured 30

others.

Thousands of other children have been killed by the M cult on purpose in 50,000 attacks around world since 9-11 which was also on purpose and planned.

Actions speak louder than words.

SECRET: Let out by U.S. Secretary of Defense General James Mattis stated that We need to defend ourselves here against thousands of armed M terrorists who are in the USA.

Supporters of Islam do not support our US Constitution and human rights, Ms are any person who believes in Islam which means “submit” which requires total submission to the terror god 30 or more times daily, requires participation in Jihad holy war, rejects the Universal Declaration of Human Rights, and has no moral code not even the Golden Rule is found in their bible the Quran. We do not hate them but they are taught to hate us and are commanded by many verses to cause terror to us and kill non Ms and they are promised paradise for doing so and they have done so in the US killing thousands in many attacks some here this year.

We are for equal rights for women and girls and non-Ms, which Islam is secretly against.

Pew Research shows that 5-25% of Ms support violence. It only takes one to set off a bomb or kill. But their real big and now active plan is to bring in large numbers, build mosques, get in government, then set up M law and rule in areas in every country they settle. They follow orders in their bible the Quran which orders them in many verses to slay the non Ms wherever they find them like verse 9-5 and others read it yourself for verification, they are promised that

they will go to paradise for doing so, verse 9-111. This is why there are so many attacks. Also see List of M terrorist attacks in Wikipedia which states "On an average a M attack resulted in the death of around 4.4 persons. The most common type of weapon used is explosives (43.9%) Note much of this does not make it to the news you hear verifications in Wikipedia and details at thereligionofpeace.com

These are verifiable facts.

The truth sounds like hate to those who hate truth.

SECRET In M countries Women and girls are often abused and or raped. It is legal in M law to have sex with 9 year old girls because Muhammad repeatedly did and he is their "perfect example". In Iran 22 year old Mahsa Jina Amini died Sep 16 2022 in Custody of M morality Police. Since then thousands of females have been raped and killed by morality police because they wore head covering improperly.

They totally submit 30 times daily. akin to brainwashing. In M countries they severely limit freedom of speech. Anything negative said about Islam is severely punished. Christians if discovered are harassed and often killed. There is continuing unnecessary mistreatment of women and girls in M countries just ask any woman in private from Iran, Pakistan, Iraq, Afghanistan, or Africa today. We veterans have seen way too much mistreatment of women in M countries.

We have seen young girls, victims of gang rape stoned to death for the crime of being raped yet the attackers went free in fact they were often some of the ones throwing the stones.

Convenient way to kill the witness. We saw

wives beaten and little girls forced to be brides to older men all legal in M law.

I have their law book this is true. We were under orders not to intervene.

M Women do not have freedom to dress as they please even in hot weather. And if they digress they may be killed.

There are Thousands of so-called honor killings every year in M countries. Wikipedia & Human Rights Watch have verifications.

The most secret secret about Islam

is that after they take over, they will deny human rights to non Ms and women and girls. They will tax the non Ms and may enslave them or kill them.

That power take over is their secret secret plan for the USA.

For verification just look at the over 50 countries they have taken over and in Africa today. Find out what happened, how non Ms were done to. They will deny this, change the subject and attack the person who told the truth because they don't want the truth to be known nor their secret plan, but look at the facts of history. Check out Human Rights Watch and women's rights websites.

Across M-majority nations The United Nations and Human Rights Watch report alarming statistics: in Bangladesh, 70% of women experience spousal violence; in Afghanistan, over 85% of women report abuse; in Pakistan, nearly 1,000 women annually fall victim to so-called "honor killings"; in Iran, a woman is murdered by family members on average every two days.

These realities reflect a cultural and religious legitimization of violence that traces its roots, in part, to Quranic endorsement.

However we have noticed that some of this information has been disappearing. They control large areas of the media and have big Saudi money and increasing influence. They also own or partly control most TV stations and big media or use methods to suppress the what they do not want known these secrets.

THESE ARE VERIFIABLE FACTS.

They refuse to change their ideology today and still today refuse to accept the Universal Declaration of Human Rights.

COMPARISON OF MAIN RELIGIONS AND SCIENCE None of the founders of any of the major religions nor science advocates violate human decency as does Islam which is M Ideology based entirely on the example of the life of Muhammad who ordered slaughter of thousands of poor farmers so his men could steal their property and he got 1/5 of the loot. This went on for years during his life and 1400 years after. He owned and traded slaves and forced people into slavery. He stoned women even for alleged adultery, but allowed men to have multiple sexual partners. He ordered murder of women and made it legal for husbands to kill their wives. (there now are thousands of honor killings every year see Wikipedia for verification and even some here in the USA and in Michigan usually disguised as suicides or accidents.) An elderly woman named Umm Qirfa ran afoul of Muhammad merely by fighting back when her village was targeted by his M raiders. Muhammad's adopted son tied the woman's legs separately to two camels then set the camels off in opposite directions, tearing the woman's body in two. He also killed her two sons presumably in

gruesome fashion and made her daughter into a sex slave. All documented facts.

NONE OF THE FOUNDERS OF OTHER MAJOR RELIGIONS OR SCIENCE ADVOCATES

Including Jesus DID ANY OF THAT NASTY STUFF nor did they abuse women, force people into slavery, trade slaves, steal from others, have sex with slaves or rape a female child as Muhammad did. Jesus did not kill, steal, trade slaves or abuse women or girls. These are verifiable facts not hate. All of the major religions and science advocates use “Cause no harm and don’t do to others what you would not want done to yourself “as primary moral code. M Ideology has no moral code. And the golden rule is not found in the Quran.

We veterans had brothers die trying to save children’s lives when the Ms fastened bombs to the children and sent them to us promising them chocolate. We vets learned never to trust a M. Sometimes patrols were ambushed and the only one who knew where we were going outside of our command were M translators who were later discovered to be traitors.

Should you trust a M airplane pilot

2026 Oct 3. Many Passengers on a jet plane almost died when the M co-pilot attacked the pilot with ax and attempted to crash plane but with his last dying effort the pilot managed to unlock the door allowing men to enter and subdue the M co-pilot and stop the suicide dive. Why? The M believed he would go to paradise as promised in verse 9-111 of the Quran, by following commands in 9-5 and other verses that order them to spread terror among non

believers and kill non Ms in their terrorist bible the Quran. Many terrorists have also stated they were just following the commands of their religion. Remember Ms totally submit to the God of terror 30 times a day akin to brainwashing. THOSE ARE THE FACTS UNPLEASANT BUT TRUE.

We need to be vigilant and take preventative action against them.

Ms number over 2 Billion and are the fastest growing religion in the world while most other religions are now also in decline including Christianity. The Pew Research Center is one of the best most accurate research sources. Pew states "The number of Ms around the world grew 21% between 2010 and 2020, from 1.7 billion to 2.0 billion. Ms grew twice as fast as the rest of the world's population, which expanded by 10% during the same decade. As a result, Ms grew as a share of the global population, from 24% to 26%."

But you say that is not here. See this!

Pew scientific research says "The rate of M growth was the highest in North America, where Ms numbered 5.9 million in 2020 (up 52%), followed by sub-Saharan Africa, where Ms grew to 369 million (up 34%). In every region, Ms grew at a faster rate than the non-M population.

Christian churches are closing in record numbers, many taken over by mosques.

M wealth is increasing with nearly 12 Trillion today but their power is also increasing faster than their wealth.

It has been stated that they own the greatest number of media outlets in the USA and so have great effect on controlling NEWS. Instead of helping their own people they are concentrating

on taking over other countries. Look at Africa & Europe and they would like to take over the USA.

To not speak up against attacks and wrongs to protect our freedoms would be cowardly.

Read Yuval N Harari's 21 Lessons for the 21st Century. Humans find it easier to make up stories to explain things they don't know and pass them on to others who believe them without trying to seek the truth and all sides of the story. Question everything because there are so many half-truths and those who want to mislead and manipulate you. Think Big and Freely, ask enough questions to get full understanding.

Help those in need. Be a friend. Guide children. Support Scouting a needed program now. It teaches survival skills, safety and many other useful things. A scout noticed a child go under water and rescued me.

Scouts often save family lives.

Be a light even a little light may be enough to help.

Better to light a light than to stumble in the darkness.

Even a small kindness can make a big difference, bring happiness and even sometimes save a life

SECRETS ABOUT ALIENS from thousands of pages of research concludes that we have been and are being visited by many different entities.

There is much we do not know.

And indications of warnings given to us that we must curtail violence and nuclear weapons or face destruction. The Cosmos is Billions of years old. Our species is only a few hundred

thousand years old. The probability of intelligent life in the universe is very high with advanced civilizations that have technology that far surpasses ours. Secrecy rules. There may be a Galactic practice of non interference that each civilization may be allowed to develop on its own and determine its own fate unless it becomes a menace and be eradicated.

Many verified strange operations have been done on cattle using what appears to be laser surgery humans do not have the technology to do. Are we being used as a lab?

And there are substantiated reports we and other nations have crashed alien ships even alien bodies.

We had testimony in front of congress that this is true

and that we are under observation and we have videos and technical verification of their ships near our nuclear facilities and verified FBI reports. It has also been reported that our ability to launch nuclear missiles is sometimes interrupted by alien ship presence. Wouldn't be nice if humans from the future or friendly aliens are here to protect us from our own self destruction.

There are thousands of sightings of UFOs and UAPs that often display movements no current human technology is capable of now. Some of these sightings are verified by instrumentation and pictures. Some may be cloaked projected or transported. Some aliens appear to have the power to suspend human electronic communications and even human actions and some thought and even cause loss of time according to several military reports. There have been threats against, job loss, and harassment of those who report sightings,

Speak up or work to investigate them. I have seen things that were on the Internet that have been removed. There have been reports of people disappearing or of being abducted and evidence disappearing even from very secure areas while under guard. It appears that there are some powerful entities that do not want us to know the truth. Again I am just reporting and there is so much we don't know.

Ask yourself if you were an alien wanting to visit Earth having traveled millions of miles and perhaps on a mission of peace or education but

Alien ships are followed by the best armed fighter jets and may have been fired upon. If a ship lands and an alien comes out they are most likely to be shot at. If they look at our TV movies going into space these are filled with violence. If they look at human history they see thousands of years of humans killing each other even children and destroying our planet. They see us as a violent dangerous species. Attempts to talk with world leaders have failed as they can't even get close. When they see us putting bombs on children they would conclude that humans are a cruel species not worth talking to. So they just observe and perhaps use us for experiments.

But the possibilities are many, some are terrifying. Our planet could also be owned and controlled by them.

Humans as a whole know next to nothing about them and our power as a civilization is certainly minuscule compared to more advanced ones. But there are probably advanced civilizations out there that are so advanced we are in comparison like fire ants.

As far as advanced vehicles and mobility, there are thousands of verified reports of big and small vehicles being able to travel slow or very fast and make sudden turns apparently without rockets or visible propulsion motors jets or propellers and can do so quietly and they can cloak themselves. So this is physically possible.

As far as attacks against Earth or humans I saw none in thousands of pages or research only a few defensive actions. It appears to this researcher that probably aliens in general are much more advanced in technology and weapons. They may have the capability to destroy us but so far see no reason to do so. We have received warnings about exporting our violence and we would be wise to never become a threat to them or other extraterrestrial civilizations less we be eradicated by them.

HUMAN RIGHTS

The Constitution and Bill of Rights lists our rights and the Universal Declaration of Human Rights which most countries have agreed to lists 30. We who grew up in the USA take these for granted and usually refer to them as our freedoms: to live, dress, travel, vote, speak, have an opinion as we want, be secure and have a free press (media) Not formally stated having a decent standard of living, social security etc.

listed in UDHR. Our Declaration of Independence stated. "all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness." Rights have to be maintained because there are many who would take them away. We have freedom of speech and opinion

yet people are being fired and hurt because they stated an opinion.

We are losing freedom of speech because many are failing to honor our First Amendment.

We need to guard our rights and freedoms or risk losing them. In Europe they bowed to the demands of the Ms passing laws that forbid "hate" speech which in reality is a ruse to prevent criticism of the terrorist religion. Even members of parliament were fined for quoting commands in the Quran that say slay the non Ms. Yet the Ms were allowed to continue to teach their ideology that clearly approves of killing of non Ms subjugating of women and wife beating and honor killings of women of which there are thousands every year. A nasty SECRET they want to hide is Women are denied equal rights in ALL M countries including right to leave her husband and divorce without his agreeing and even rights to her own children.

Christians are not allowed to build or attend their churches and No other religions are allowed. Human Rights are not recognized.

SECRET: M Ideology rejects the Universal Declaration of Human Rights accepted by every other religion in the world. But I say not all Ms are bad. Each has individual choice for their actions and can choose to do good. We must demand they do so. If they are a threat then let them be sent away to a M country. We cannot risk more M attacks here as there are still M attacks in USA yearly and the FBI is still foiling more of their attacks monthly.

The essence of rights and freedoms in the universe is that life is allowed to live, be free

and develop to its maximum potential and happiness without harming intelligent life.

There is high probability of advanced civilizations that have the advanced technology that could eradicate menaces.

The United States of America's major law of the land is the US Constitution. (This researcher took an oath to defend it against all enemies and still abides by that oath today.) Should the president not be performing his duties properly there is both the legal and right way to remove him which is the Impeachment process. Should it fail it is repeatable. Assassination of a president is not only against our laws but wrong. The same holds true our other elected officials. Simply and rightfully we have a better American way of revolution that is our VOTE.

Two ants from different ant hills accidentally bump into each other, foolishly yield to anger and start fighting. Soon other ants join in. They continue until both ant hills kill each other off. Completely unnecessary as there is plenty of food for all to live happily in their area.

Thousands of years of history shows anger, greed and hate have resulted in needless suffering and death in a world that can provide life and happiness for all.

CONCLUSIONS

The Best solution to the world's social problems is to demand by law that no one shall cause harm to another and insure punishment of harmers. It is best to Be prepared, vigilant, informed and use science to find cures for diseases and to solve other problems.

We need to bug Congress and state officials to fix things like banning robo calls who invade our personal lives with many calls, interrupting

us causing many to just not answer their fones, having to force callers to leave a message wasting our time. Our personal fones should be for personal use and not for mass marketing. Please call your officials insist they ban robo calls to personal fones because we want our personal fones back.

Our flag stands for freedom with Liberty and Justice for all. We Veterans served in this cause against evil and those who want to take your freedoms away. We fight for rule of law with law enforcement which protects your life and property. Gather courage to speak the truth and stand up against wrong.

Never worry about who will be offended if you speak the truth. People are dying for lack of health care, food and lack of adequate shelter. Congress gives themselves raises accepts big bribes and rewards their rich buddies who own oil, medical, corps who are ripping us off. It appears Congress is really working for big money interests who rip us off at the gas pump and with high medical care and drug costs.

Clandestine manipulators are spying on you may soon try to manipulate and control. This is SERIOUS and for those who think this is not real look at what many others such as Robert Cialdini in his book on "Influence Science and Practice" who like Professor Wesley Arnold the old watchdog have tried to bring awareness of clandestine manipulators and power seekers.

We do not have full knowledge of their secret operations, actions and effects. It is up to the free thinkers, intellectuals and leaders to learn about and act on potential threats to protect our freedoms. If they fail to protect us, we will

become slaves or worse. But there is hope that we can stop them from taking over. Because of our inept leadership the Chinese and AI may soon have the real possibility of gaining more power perhaps enough to take over because soon they will have enough invincible unstoppable weapons we the people have no defense against. Vote greedy inept officials out of office and until then bug them to do their jobs and fix things, call them, email them get in their face. Demand they work for us not big money. Recruit others to bug them. It will take awareness, vigilance, will and effort. If it is to be it is up to me and that is the my purpose and of this little book.

OUR LEGACY

We enter the world with nothing. Nobody can take anything with them in the end, only their legacy remains. Most people live for self only, leaving nothing. Don't Waste time. Time, Hope and Love are priceless. Kindness and Friendship are the most valuable gifts and cost nothing. A Smile and a few Nice words can brighten a day, sometimes even save a life.

Leave a legacy of good deeds and useful accomplishments because you can't take anything with you when your heart stops which happens often too soon and unexpectedly.

There are some who leave legacies of good deeds and work of great value that even after they are gone their good work remains. What will be your legacy?

We all need to keep informed and aware of everything that may affect our health and safety.

We need to stop harmers.

Demand our public officials act to fix problems. Call them.

The best solution to the world's human social problems is for everyone to always only do as they would want to be done to themselves. In other words: Be Kind, Do Good Cause no harm.

What you would not want done to you, don't do to others.

I am for Human Rights including equal rights for women and for unlimited freedom of speech and preserving history. I am not against my peace loving neighbors.

References Check these out

For more good info and verification.

Dr Daniel G. Amen author of Change Your Brain, Change Your Life, also "You, Happier"

Read Yuval N Harari's Homo Deus about Tomorrow and 21 Lessons for the 21st Century. Miranda E White 5 Minute Stretch and aging Backwards

How to Win Friends and Influence People" Dale Carnegie

Ben Franklin Autobiography

60 Minutes report on China threat

Influence: The Psychology of Persuasion, Revised Edition by Robert B Cialdini PhD

George Carlin You Have Owners

Infidel by Ayaan Ali the story of a girl who grew up in a M country then moved and became a member of the Dutch Parliament.

There have been 50,000 deadly M attacks worldwide since 9-11 resulting in 270 million murders.

**Listed on the factual website
thereligionofpeace.com**

Visit [jihadwatch . org](http://jihadwatch.org)

Read a history of Jihad by Robert Spencer

Additional references and listing of Michigan residents killed by them is on <http://wiseuseful.fyi/factual%20references.pdf> See Wikipedia on honor killings. and List of M terrorist attacks

In Iran 22 year old Mahsa Amini was killed Sep 16 2022 over her head covering M law book is Reliance of the Traveler: Classic Manual of Islamic Law 1997 English version is censored.

I am not against my peace loving m neighbors I am for equal rights for women and girls and everyone which they are against.

13 year old Aisha Ibrahim Duhulow was slowly and painfully Stoned to death publicly for being raped 27 Oct 2008 Around 50 M men participated in the stoning, throwing rocks at her head

Amnesty International Women's rights are human rights! We are all entitled to human rights. In Iran there have been hundreds of killings of peaceful protesters and torture including rape of detainees who were peacefully protesting for women's rights.

The center for Inquiry.org stated In Islam men are the managers of women who are considered inferior and women are effectively stripped of their basic human rights forced to wear head coverings rendered rendering her an anonymous non -person.

Human Rights Watch See their website for much more.

We have the resources to provide everyone with good medical care, food, and affordable housing. Bug officials to do this and fix problems, stop robo callers no excuses.

ACTIVE SHOOTER What to do

If a terrorist is nearby, escape if possible, lock door, switch lights out, put fones on silent, be out of sight of him.

Tell those around you that if the terrorist comes in they can either do nothing and die, or get his gun down and get him down and all will live but it will fake several people. See videos on internet on this such as Run, Hide, Fight.

Lock the door, if not lockable secure it with belt, rope chairs etc. Put chairs and other things to block entrance in the doorway. If terrorist enters throw things at him to distract him. Even one second distraction gets you time to act to push gun down. This takes people out of target area.

Push behind his knee. (which causes knee to fold)

Take him down one person on each arm and leg, Pile on top of him. Keep him down use all force necessary to keep him down. Put waste basket on top of gun.

To not take gunman and gun out of action is a death sentence. See video Just another Day. Chinese mosquito toxin sprayer killer drone we have no defense for



I am looking for others who care, so rare, to discuss, help, create a better life for all. Visit the Facebook group Doing the Most Good for All Ideas. And bestideas.fyi

This researcher would like to hear from you about improving this book, what he missed and your ideas. professorwesarnold@gmail.com Please visit amazon.com, books view this book and at bottom under details, reviews make a quick review because it will help spread these valuable ideas. Best wishes to all. While on amazon a search for wesley e arnold will show you over 200 useful books he has researched then on Barnes & Noble another 85 useful books.

We Thinkers are looking for others who would like to: See new technology, Share good ideas Improve things Do the most good and Be Happier. Join our Facebook group Doing the Most Good for all Ideas

Visit centerlinehistory.com warrenhistory.com have thousands of resources, Warren history with 26,000 related pictures and 30,000 pages of related historical documentation.

The website bestideas.fyi has a thousand valuable ideas that can be useful including the best research on success, how to get along well with others and scientific research on happiness.

To see the right thing to do and not do it is cowardice. We vets took an oath to defend our constitution against all enemies foreign and domestic. No one has ever relieved us of our duties under that oath.

This is still the land of the free because of us brave who still stand up and speak up for our freedoms and against evil. That is the reason for this book & importantsecrets.com

**TO NOT PUBLISH THE FACTS WOULD BE
COWARDLY.**

**“No one is more hated than he who speaks the
truth.” Plato.**

Stand up, with us veterans against wrong.



**The light house doesn't know
how many lives its light saves
and you will not know how many
lives your light will have a good
effect on. Be a Light. Even a little light may be
just enough to show others a way out of
darkness. Little seeds lead to roots that split
huge rocks. All of the flowers of tomorrow are in
the seeds of today.**

**Do Good, Be Kind, Cause no harm
Use Wisdom and Science because they are the
wisest, most efficient, ways and are free and
give the most happiness for all.**

**Every day ask “What is the most good I can do
Today?” Fight evil, stop harmers. spread good
ideas. Join our Facebook group Doing the Most
Good for all Ideas**

Share this important information.

Best Wishes to All

